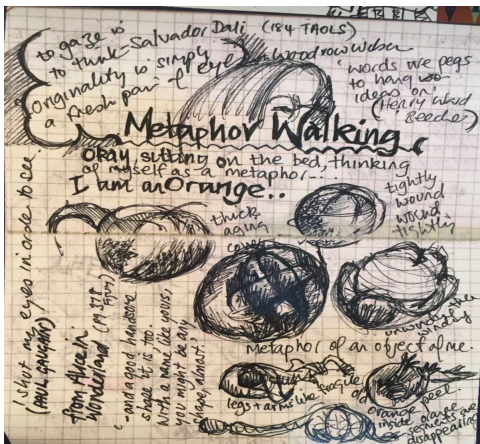


EXERCISE ONE:

Metaphorical Walking

Describe yourself as a piece of fruit, one that you feel you identify and feel drawn to. Draw, write, act, whatever you need. Add it to another object or environment...but take it for a walk.

(example: I am an orange, transparent with pith membranes tenaciously joined in layers and colours sweet, bland and sour, depending on the path I walk on any given day.)



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